DIRECTORATE OF STUDENTS’ WELFARE
Guru Gobind Singh Indraprastha University
Sector-16 C, Dwarka, Delhi-110078, Website: http://ipu.ac.in

F.No.GGSIPU/DSW/Yoga/2014/ Dated: 19.03.2014

NOTICE

This is to inform that the yoga classes for health and fitness are running in front of community centre of the University for students and residents of the University. The schedule of the Yoga Classes is as below:

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.00 AM to 7.00 AM</td>
<td>Yoga Class for Students</td>
</tr>
<tr>
<td>7.00 AM to 8.00 AM</td>
<td>Yoga Class for Staff/Faculty</td>
</tr>
</tbody>
</table>

Copy to:
1. AR to Hon’ble Vice Chancellor for information.
2. AR to Registrar for information
3. All Deans/Directors
4. All Notice Board
5. In-charge, Server Room for uploading to website.

(Sunil Kumar)
Assistant Registrar