



# GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Sector 16-C, Dwarka, New Delhi -110078

EXAMINATION DIVISION  
(CONDUCT BRANCH-I)

IRU

Proposed Datesheet for End Term PRACTICAL Examinations (May-June 2026) Regular & Reappear  
PROGRAMME: B.SC. (YOGA) (Affiliated Institute)


Date & Day	Time: 9:00 AM onwards		
	2 <sup>nd</sup> Semester	4 <sup>th</sup> Semester	6 <sup>th</sup> Semester
28.05.2026 (Thursday)	BS-CP 206: Yoga Practicum-II	BS-CP 406: Yoga Practicum-IV	BS-CP 606: Yoga Practicum-VI
29.05.2026 (Friday)	BS-CP 207: Human Anatomy and Physiology Practicum-II	BS-CP 407: Practicum-Practice of Teaching Yoga -II	BS-CP 607: Yoga Therapy Practicum-II
01.06.2026 (Monday)	BS-CP 208: Biochemistry Practicum-II	BS-FW 408: Field Work	BS-PW 608: Project Work

Note: 1) Any representation regarding the proposed dates /paper etc. may be forwarded to the Controller of Examinations / Incharge (Conduct) through the Course Coordinator latest by 10.04.2026


Note: 2) Change, if any, in the above Schedule of Examinations will be notified only on the official website of GGSIPU i.e. [www.ipu.ac.in](http://www.ipu.ac.in)  
EXAMINATION CENTRE: PRACTICAL EXAMINATION WILL BE HELD AT RESPECTIVE INSTITUTE / COLLEGE

BOOKS, ANY OTHER PRINTED / HANDWRITTEN / COURSE MATERIAL ETC., BAGS, MOBILE PHONES, PROGRAMMABLE CALCULATORS & OTHER ELECTRONIC GADGETS ARE NOT PERMITTED INSIDE THE PREMISES OF THE EXAMINATION CENTRE, IF SUCH MATERIAL(S) FOUND, THE SAME MAY BE BOOKED UNDER UNFAIR MEANS CASE.

For Any Clarification and query please contact: Section Officer 011-25302259

  
(Y.S. Kataria)  
Incharge (Conduct)

Dated :

  
(Prof. Gulshan Kumar)  
Controller of Examinations



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EXAMINATION DIVISION  
(CONDUCT BRANCH-I)

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Proposed Datesheet for End Term THEORY Examinations (May-June 2026) Regular & Reappear  
PROGRAMME: B.SC. (YOGA) (Affiliated Institute)

Date & Day	TIME : 10:00 AM TO 01:00 PM	TIME: 02:00 TO 05:00 PM	TIME : 10:00 AM TO 01:00 PM
	2 <sup>nd</sup> Semester	4 <sup>th</sup> Semester	6 <sup>th</sup> Semester
04.06.2026 (Thursday)	BS-CT 201: Yoga in Principal Upanishads and Yogopanishads	BS-CT 401: Patanjala Yoga Darshana-II	=====
05.06.2026 (Friday)	=====	=====	BS-CT 601: Yoga and Human Consciousness
06.06.2026 (Saturday)	BS-CT 202: Hath Yoga Texts-I	BS-CT 402: Hath Yoga Texts-III	=====
08.06.2026 (Monday)	=====	=====	BS-CT 602: Yogic Management of Non Communicable Diseases
09.06.2026 (Tuesday)	BS-CT 203: Human Anatomy & Physiology-II	BS-CT 403: Yoga and Health	=====
10.06.2026 (Wednesday)	BS-CT 204: Applied Bio-Chemistry	BS-CT 404: Introduction to Common Ailments	=====
11.06.2026 (Thursday)	=====	=====	BS-CT 603: Yoga Protocol for Special Targeted Groups
12.06.2026 (Friday)	BS-CT 205: Basics of Sanskrit Language-II	BS-CT 405 (H): Functional Hindi -II (Elective) BS-CT 405 (E): Functional English -II (Elective)	=====

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Date & Day	TIME : 10:00 AM TO 01:00 PM	TIME: 02:00 TO 05:00 PM	TIME : 10:00 AM TO 01:00 PM
	2 <sup>nd</sup> Semester	4 <sup>th</sup> Semester	6 <sup>th</sup> Semester
15.06.2026 (Monday)	=====	=====	BS-CT 604: Fundamentals of Counseling
17.06.2026 (Wednesday)	=====	=====	BS-CT 605: Fundamentals of Naturopathy


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# IPU

Proposed Datesheet for End Term PRACTICAL Examinations (May-June 2026) Regular & Reappear  
PROGRAMME: M.SC. (YOGA) (Affiliated Institute)


Date & Day	Time: 9:00 AM onwards	
	2 <sup>nd</sup> Semester	4 <sup>th</sup> Semester
28.05.2026 (Thursday)	MS-CP 205: Yoga Practicum-II	MS-CP 405: Practicum in Applied Psychology
29.05.2026 (Friday)	=====	MS-CP 406: Field Work
01.06.2026 (Monday)	MS-CP 206: Biomechanics and Kinesiology Practicum	MS-PW 407: Dissertation

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EXAMINATION DIVISION  
(CONDUCT BRANCH-I)



Proposed Datesheet for End Term THEORY Examinations (May-June 2026) Regular & Reappear  
PROGRAMME: M.SC. (YOGA) (Affiliated Institute)


Date & Day	Time: 02:00 PM TO 05:00 PM	
	2 <sup>nd</sup> Semester	4 <sup>th</sup> Semester
04.06.2026 (Thursday)	MS-CT 201: Synthesis Of Gita And Yoga Vaisistha	=====
05.06.2026 (Friday)	=====	MS-CT 401: Yoga And Human Consciousness
06.06.2026 (Saturday)	MS-CT 202: Applications Of Patanjala Yoga In Health Promotion	=====
08.06.2026 (Monday)	=====	MS-CT 402: Techniques Of Psychological Counseling
09.06.2026 (Tuesday)	MS-CT 203: Biomechanics And Kinesiology	=====
10.06.2026 (Wednesday)	=====	MS-CT 403: Physiological Effects Of Yoga Practices
11.06.2026 (Thursday)	MS-CT 204: Therapeutic Yoga-II	=====
12.06.2026 (Friday)	=====	MS-CT 404: Applied Yoga

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Proposed Datesheet for End Term PRACTICAL Examinations (May-June 2026) Regular & Reappear  
PROGRAMME: Post Graduate Diploma In Yoga Therapy For Medicos And Para Medicos (Affiliated Institute)

Date & Day	Time: 9:00 AM onwards
	2 <sup>nd</sup> Semester
28.05.2026 (Thursday)	PGDYT-PC206: Yoga Practicum-II
29.05.2026 (Friday)	PGDYT-PC207: Dissertation

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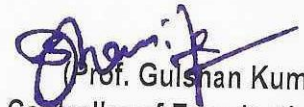
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PROGRAMME: Post Graduate Diploma In Yoga Therapy For Medicos And Para Medicos (Affiliated Institute)

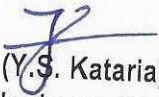
Date & Day	Time: 02:00 PM TO 05:00 PM
	2 <sup>nd</sup> Semester
04.06.2026 (Thursday)	PGDYT-CT-201: Essence Of Principal Upanishads, Gita And Yoga Vasistha
06.06.2026 (Saturday)	PGDYT-CT-202: Patanjala Yoga And Its Application
08.06.2026 (Monday)	PGDYT-CT-203: Techniques Of Psychological Counselling
10.06.2026 (Wednesday)	PGDYT-CT-204: Disease Specific Yoga Therapy
12.06.2026 (Friday)	PGDYT-CT-205: Review Of Scientific Research On Yoga

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