

Directorate of Students' Welfare Guru Gobind Singh Indraprastha University Sector-16 C, Dwarka, Delhi-110078 Website: http://ipu.ac.in

INVITATION

Facebook Live Session "Sing Your Own Song" by Mr. Jaspal Singh Dosanjh at 04.00 PM on July 19, 2020 (Sunday).

Music can have a profound effect on both the emotions and the body. Faster music can make you feel more alert and concentrate better. Upbeat music can make you feel more optimistic and positive about life. A slower tempo can quiet your mind and relax your muscles, making you feel soothed while releasing the stress of the day. Music is effective for relaxation and stress management.

The Directorate of Students' Welfare in association with Connect USS is pleased to present an online performance at 04.00 PM on July 19, 2020 (Sunday) at https://facebook.com/ConnectUSS/ "Sing Your Own Song" by Mr. Jaspal Singh Dosanjh, a music graduate, pianist, composer, singer and a teacher. He is a versatile music performer with a vast experience of performances and teaching at Universities and Schools.

The IPU Web Connect Series is an initiative to reach out to the students and to stay connected with them during the Covid 19 Coronavirus pandemic and to give them useful information for stress reduction and relaxation in the safety of their homes.

All the students of USS and affiliated colleges/institutes are invited to attend the session and have an opportunity to personally interact with **Mr. Jaspal Singh Dosanjh**. The poster is attached.

Stay Home, Stay Safe.

(Dr. Anjali Shokeen) Associate Director, SW

Copy to:

- 1. All Deans/Directors/Principals of USS/Affiliated Institutes with the request to inform all the students and faculty members of their respective School/Institute
- 2. Controller of Finance
- 3. AR to Hon'ble Vice Chancellor for kind information of Hon'ble Vice Chancellor
- 4. AR to Registrar for kind information of Registrar
- 5. Head UITS with the request to please upload on the University website.

(Rajesh Sharma)

Assistant Registrar

