

## GGSIPU NATIONAL SERVICE SCHEME (NSS) CELL

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F. No. GGSIPU/NSSCELL/2018/103

Dated: 31.08.2018

Sub: Register and Join Regular FREE YOGA CLASSES at GGSIPU University.

This is to inform all (Teaching / Non-teaching Staff/ NSS Volunteers & other Students of USS) that the regular YOGA Sessions are to commence from 1<sup>st</sup> September, 2018 (05:00 PM to 07:00 PM) at Community Hall, Near Main Ground, GGSIP University Campus.

It is mandatory for all to register for the same at the following link:

http://goo.gl/forms/VIS5yge6pcxNKFJV2

Know the secret of yoga to remain young and youthful.

Note: Program Officer of NSS Unit C shall coordinate the event.

Prof. BVR Reddy

Program Coordinator, (NSS)

## Copy to:

- 1. Head UITS, to upload on the University website.
- 2. Guard file