





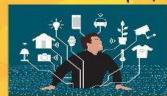




DIGITAL

DETOXIFICATION

A PARADOX







Bala Kishore

Vice President - Transformation - SEARCE Software Founder of SPIR-IT Summit Conference & Spirituality in IT Retreats Professional Certified Coach (PCC) as accredited by International Coach Federation (ICF), 2013, Certificate in Business Administration (C.B.A.) from Manchester Business School, UK, 2002, M.Tech (CSE) from NIT Warangal, 1995, B.E in ECE, Osmania Univ., Hyderabad 1993

Register Here: bit.do/mindovermatter2

REGISTRATION is required ONLY ONCE for the series.

Date: 12th July, 2020 (Sunday) Time: 4:45 PM IST





LIVE http://www.youtube.com/c/MindOverMatterSeriesNSSGGSIPU or bit.do/mindovermatterNSS

Gracing the Occasion



Prof. (Dr.) Arvinder Kaur Chairperson - Staff Developement Cell, Dean, USICT

Patron



Sh Ravi Dadhich Registrar, GGSIPU

Chief Patron



Prof.(Dr.) Mahesh Verma Padmashree Awardee, Vice Chancellor, GGSIPU

Conveners

Programme Coordinator



Prof. BVR Reddy Professor, USICT Co-ordinator, NSS Cell, GGSIPU

Ms. Priyanka Bhutani Asst. Professor, USICT Programme Officer, NSS Unit - A

Mr. Gauray Talan Asst. Professor, USMS Programme Officer, NSS Unit - A

Organized by:

NSS Cell, GGSIPU in collaboration with NSS, IIT Delhi and Rajyoga Education and Research Foundation (a sister concern of Brahma Kumaris).



GGSIPU NATIONAL SERVICE SCHEME (NSS) CELL

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F. No. GGSIPU/NSSCELL/2020/354 Dated: 09^{th} July, $\overline{2020}$

INVITATION

"DISCONNECTING from our technology TO RECONNECT with ourselves is ABSOLUTELY ESSENTIAL." - A Paradox or A Necessity... Let's explore...

GGSIPU NSS Cell in collaboration with the esteemed NSS, IIT Delhi and RERF cordially invite you to attend the 4th enlightening Online session under the Mind Over Matter: A Series of Sessions on the topic relevant to everyone's life - "Digital Detoxification" by Mr. Bala Kishore, Vice president - Transformation - SEARCE Software, Founder of SPIR-IT Summit Conference & Spirituality in IT Retreats, Professional Certified Coach(PCC) as accredited by International Coach Federation (ICF), 2013, (C.B.A.) from Manchester Business School, UK, M. Tech(CSE), NIT Warangal, B. E.(ECE), Osmania University on Sunday, 12th July, 2020, 4.45 pm - 06:00 pm IST on our YouTube LIVE channel, please see below link:

Direct YouTube Link: https://youtu.be/exvJoBLeDiY

Mind Over Matter YouTube channel: www.youtube.com/c/MindOverMatterSeriesNSSGGSIPU

The Session will be graced by Prof. (Dr.) Arvinder Kaur, Chairperson Staff Development Cell, Dean, USIC&T, GGSIPU and Prof. B. V. Ramana Reddy, Professor, USIC&T, Programme Coordinator, NSS Cell, GGSIPU

These series are aimed to help individuals, especially students to develop their inner potential, manage resources of their Mind, and especially to cope with the current challenging situations of the Covid-19 era.

Registration Link: http://bit.do/mindovermatter2

Email ID: mindovermatter@ipu.ac.in

Best Wishes for Healthy and Happy Times ahead, Team NSS Unit-A, GGSIPU

Ms. Priyanka Bhutani,

Asstt. Professor, USIC&T Prog. Officer (NSS Unit-A)

GGSIPU NSS Cell

Mr. Gaurav Talan

Asstt. Professor, USMS Prog. Officer (NSS Unit-A)

GGSIPU NSS Cell

Prof. B.V. Ramana Reddy

Professor, USIC&T Program Coordinator, GGSIPU NSS Cell

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- 4. AR to Registrar for kind information of Hon'ble Vice Chancellor
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